

Chapter 6 : INTO ACTION

(Pages 72 through 88)

Now that we've made our Third Step decision and "*launched out on a course of vigorous action*" beginning with the Fourth Step "*inventory of (our) grosser handicaps*", we're now ready for action. Coincidentally, that just happens to be the title of the next chapter, "INTO ACTION". In this chapter, we are given the directions, prayers and the promises for Steps Five, Six, Seven, Eight, Nine, Ten and Eleven.

What is becoming abundantly clear about this Program is its simplicity. We are told the "*how and why*" of our Third Step decision on page 62 in incredibly concise terms ("*quit playing God...it didn't work*"). From pages 64 through 88, we're presented with the steps we must take to achieve our "*successful consummation*" (pg 25:1) of spiritual awakening. Then, having taken those actions, we're "*catapulted into..(a) fourth dimension of existence*" and "*are going to know a new freedom and a new happiness....in a way of life that is incredibly more wonderful as time passes*".

To enhance that miracle and to continue our spiritual growth, we are told how to deal with the events of the day as we go through the day by applying Step Ten. Then, we're told how to access the power and knowledge of our Higher Power's will for us by developing a "vital sixth sense" of "God-consciousness" through prayer (asking) and meditation (listening) in practicing Step Eleven. *All of that precious vital information is contained in just five pages (84 - 88)!*

Having followed the clear-cut directions presented in these pages of our Basic Text, we are promised that we will have a spiritual awakening and thereby have a Solution for *all* our problems. Not just the problem of alcoholism, but **ALL** our problems.

The only way to see if that will prove true for us, as it did for the authors of this book, is to do what they did.

With Step Four, we have taken only the first action step. Now it is time for action and more action.

Remember, ***we recover by the Steps we take, not the meetings we make.***